



OHIO INDEPENDENT  
ARBORIST ASSOCIATION

# integrating nature

## for Healthier Communities

Exploring the evidence base to support implementation  
of policies, programs and practices.

JOIN US

**TUESDAY, MARCH 14TH**  
8:30 a.m. - 4:00 p.m.

Case Western Reserve University  
TINKHAM BALLROOM

**GUEST SPEAKERS:**

**Kathleen Wolf Ph.D.**

**Theresia Hazen**

**Heather Venhaus**

**REGISTER ONLINE:**

<https://ohioarborist.org/calendar/>

PARTNERSHIP WITH:



**Cleveland Clinic**



OHIO INDEPENDENT  
**ARBORIST ASSOCIATION**

*Building Arboricultural Relationships*

***Trees & Human Response Series***

## Integrating Nature for Healthier Communities

Exploring the evidence base to support implementation of policies, programs, and practices.

**March 14, 2023**

**CWRU Tinkham Ballroom**

11038 Bellflower Rd

Cleveland Ohio

### Agenda

- |          |  |
|----------|--|
| 8:30 am  | Registration, Coffee and Donuts  |
| 9:00 am  | Welcome  |
| 9:15 am  | Kathleen Wolf, Ph.D.<br><b>The Roots of Wellness: Nature &amp; Human Health Research</b>   |
| 10:30 am | Break  |
| 10:45 am | Teresia Hazen, MEd, HTR, QMHP, Medical Horticultural Therapist<br><b>Therapeutic Gardens: Rehabilitation, Recovery and Restoration in the Hospital and Community</b> |
| Noon     | Lunch  |
| 1:00 pm  | Heather Venhaus<br><b>High Performance Landscapes</b>  |
| 2:15 pm  | Break  |
| 2:30 pm  | Round Table Discussion with All Speakers<br><b>Questions from the audience and discussion</b>  |
| 4 pm     | Conference Reception with the Speakers<br><b>Join us for conversation, light snacks, and beverages with our speaker and participants.</b>                            |

ISA Certified Arborist Credits: 5.25

PGMS Credits 1.5

LACE Credits 5.25



OHIO INDEPENDENT  
ARBORIST ASSOCIATION

*Building Arboricultural Relationships*

## Biographies

### *The Roots of Wellness: Nature & Human Health Research*

**Dr. Kathleen Wolf** is a Research Social Scientist (retired, affiliate) at the School of Environmental and Forest Sciences, University of Washington (USA). Following early career positions as a biologist, environmental planner and landscape architect she completed her Ph.D. at the University of Michigan (USA). She then implemented a multi-decade research program at the University of Washington (USA) to investigate human response to outdoor spaces in cities, using theory and methods of environmental psychology. She was also a research associate with the U.S. Forest Service collaborating on studies of social dimensions of urban forestry and ecosystems. Dr. Wolf's mission is to discover, understand and communicate human behavior and benefits, as people experience nature in cities and towns. Her research has spanned multiple disciplines and collaborations. She is/has served with national and international organizations that promote nature-based health and quality of life in cities such as the Robert Wood Johnson Foundation, the Sustainable Sites Initiative, the American Planning Association, the TKF Foundation, American Forests and Transportation Research Board national committee on Landscape and Environment. Dr. Wolf has presented her research throughout the United States, in Australia, Russia, Canada, Western Europe, Japan, Hong Kong, South Korea, Columbia, Chile, the Dominican Republic and Mexico. Kathy enjoys working with people representing different interests and disciplines, as effective solutions for the challenges of cities and natural resources come from the insights of multiple perspectives. Her work has spanned multiple scientific and professional disciplines; publications include journals focusing on urban forestry, psychology, transportation, urban planning, retail marketing and public health. Kathy is committed to science translation and outreach and actively shares research at [www.naturewithin.info](http://www.naturewithin.info); and the Green Cities: Good Health project at: [www.greenhealth.washington.edu](http://www.greenhealth.washington.edu)

### *Therapeutic Gardens: Rehabilitation, Recovery, and Restoration in the Hospital and Community*

**Teresia Hazen** worked as a medical horticultural therapist for more than thirty years serving patients, families, employees, and communities across Legacy Health in the Portland, Oregon metro region. At seven hospital campuses she managed twelve gardens and 24-7 indoor and outdoor programming in her role as coordinator of therapeutic gardens. Specialty training in pediatrics, gerontology, psychology, education, addictions counseling, special education, horticulture, and curriculum design inform her continued healthcare and public health work. She has more than one hundred credit hours in college horticulture and landscape design coursework. See her tools for implementing policies, programs, protocols, and best practices in ***Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces*** Wiley Press 2013. Teresia is committed to growing healthier communities through engagement with daily nature for all ages and abilities wherever we live, work, and play. See Legacy Therapeutic Gardens at: [www.legacyhealth.org/gardens](http://www.legacyhealth.org/gardens).



OHIO INDEPENDENT  
**ARBORIST ASSOCIATION**

*Building Arboricultural Relationships*

### *High Performance Landscapes*

**Heather Venhaus-** Using her background in landscape architecture and ecological restoration, Heather Venhaus works with teams of scientists, designers, and educators on projects emphasizing sustainable development, land restoration, and environmental education. Ms. Venhaus is the principal of Regenerative Environmental Design, an ecology minded consulting firm in Austin, Texas that strives to connect natural and built systems in mutually beneficial ways. Heather guided the development of the Sustainable SITES Initiative Guidelines and Performance Benchmarks and is a contributing author to the *Sustainable Sites Handbook*, and lead author of *Designing the Sustainable Site*.



OHIO INDEPENDENT  
**ARBORIST ASSOCIATION**  
*Building Arboricultural Relationships*

***Trees & Human Response Series***

## Integrating Nature for Healthier Communities

Exploring the evidence base to support implementation of policies, programs, and practices.

March 14, 2023

### Registration

Name \_\_\_\_\_

Name \_\_\_\_\_

Name \_\_\_\_\_

Name \_\_\_\_\_

Address: \_\_\_\_\_

City State Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

*\$200.00 per Person*

**Registration Deadline Friday March 8, 2023**

*Make Checks Payable to OIAA*

*Credit card Payment? go online to <http://ohioarborist.org/calendar/>*

*Online registration \$210.00*

*Mail to: Ohio Independent Arborist Association  
C/O Alan Siewert  
18288 Madison Rd  
Middlefield, Ohio 44062  
440-759-9412 [alan.siewert1984@Gmail.com](mailto:alan.siewert1984@Gmail.com)*

ISA Certified Arborist Credits: 5.25

PGMS Credits 1.5

LACE Credits 5.25